

Immerse in the Power of the Crystals

A Journey of Apprenticeship to Sacred Places of Peru with Serena Anchanchu
together with the Paqos and Luis Alejo

June 15 – 29, 2017



*Listen to the voice of your soul
Let Pachamama embrace you with her beauty
Reconnect with pure cosmic energies*

... and feel the vibration of your loving heart...

"There are moments in life the voice of your soul is calling you and you feel that there's no doubt to follow it. Last year my soul was "Touched by the Light of the Pleiades" the journey offered by Serena Anchanchu School of Inca Shamanism, Luis Alejo and the Q'ero Paqos Don Mariano, Don Claudio, Don Hernan and Doña Agustina.

Being there in the high Andes in Peru it felt like coming home after a long, long time. My heart opened up widely. I was deeply touched by the warm welcome of the people and the loving and supporting energies of the sacred places and powerful mountains.

I feel deep gratitude for the Paqos who share their ancient wisdom and ceremonies with us and help us to reconnect with the world of living energies. It's an experience beyond words which changed my life and my perception of the world we live in." (Alexandra Fischer)

This year we are welcoming you to join us in this unique journey to Peru to immerse in the beautiful energy of the crystals.

In a small group of about 12 people the Paqos will guide you through the most magnificent Inca places. They will share the wisdom of their ancestors about the power of the crystals and work with you in ceremonies on a deep level. Over centuries the traditions have been passed down from generation to generation and are now shared with the western world.

On this journey you have the unique opportunity to join the Paqos and be part of the world they live in. The ceremonies and initiations bring a deep understanding of the cosmos and will give you an insight in who you really are. You will receive initiations with crystals which reconnect you with the energies of specific stars and constellations in order to support you on your future path.

During the journey we will explore ancient sites in the Sacred Valley, Machupicchu and Cusco area, participating in ceremonies and receiving teachings from our beloved Paqos of the Q'ero Nation and the Teachers of Serena Anchanchu School.

Highlights of the trip will be the visit of the "crystal city" Machupicchu, a two-night trek at Apu Ausangate, a powerful mountain also called "Lord of Manifestation", a special ceremony to celebrate the winter solstice with the rising of the new light on June 21st and the visit of the Inti Raymi "Festival of the Sun" in Cusco on June 24th.

Highlights Itinerary

A journey through the mystery of Peru

Day 1 – June 15: Arrival in Cusco

Recommendation for flights from Europe: You book an overnight flight to Lima (e.g. LAN Airlines via Madrid) with direct connecting flight to Cusco in the morning. If your flight plan requires an overnight stay in Lima at June 14 it is possible to organize a hotel room for you in Miraflores which is located in a lovely residential area of Lima next to the Pacific Ocean.

Upon arrival at the airport in Cusco in the morning a Back2Nature guide will be waiting to greet you at the airport holding a sign with your group's name. Your guide will give you

details about your upcoming trip and itinerary and will accompany you to your hotel, located in the sacred valley – Písaq, you will have free the afternoon to relax and as acclimatize to avoid altitude sickness.

Accommodation: Hotel in Písaq (2.900 m.a.s.l)

Day 2 – June 16: Opening Ceremony – Sacred Valley

After a relaxing breakfast, you will go to the “Waka of Urco”, this place is perfect for honoring Mother Earth and you will also find a big holy rock, here you will see the shape of a frog, this archetype represent Pachamama it is the one to call the rain to create fertility on earth. A snake around the Rock will be seen as well, this place is a unique Waka for the Healers. Here, we will do an opening ceremony together with our brothers from the Q’eros to connect with our Pachamama.

Opening ceremony – Pachamama

Accommodation: Hotel in Písaq

Day 3 – June 17: Ñaupa Iglesia – Perolniyoq

On this day, we will drive along the sacred valley to visit an important huaca to worship the moon. At the entrance of the cave stands a rock carved with the chacana, the symbol of the Andean cosmology. Shamans consider as a powerful place to work with our dreams.

After the ceremony we will head to Perolniyoq a beautiful waterfall over 50 meters high in the community of Socma, this waterfall is surrounded by Inca constructions, this is a place to do a ritual with the water element.

Ceremony: with crystal – Southern Cross star (Umalleq Chaska)

Accommodation: Hotel in Písaq

Day 4- June 18: Chinchero

Today, you will visit the local houses of Chinchero town, here local women will show you the process of weaving and recovering the Inca symbols express on the beautiful textiles. After that we will walk to a ceremonial spot in which the Paqos will do the ceremony to connect with the source of the crystal Stone called Pusareq Chaska. You will also receive an initiation of the crystal Stone and then you will have time to connect with the powerful mountain along the sacred valley.

Ceremony: with crystal - Southern Cross star (Pusareq Chaska)

Accommodation: Hotel in Písaq

Day 5 - June 19: Písaq – Sacred Valley

Today, you will visit the archeological site of Písaq. Here you will discover several major Incan holy temples. The ceremony we join in with the Q'ero Paqos will take place in a stunning location designed to facilitate our deepest connection to the vision of the falcon. After the ceremony, you will explore the colorful market in the main town of Písaq. The market is renowned for the exquisite arts and crafts brought in by many native artisans from the surrounding communities. There are many different handicrafts available, including textiles, weavings, ceramics, ponchos, and much more.

Ceremony: with crystal - Southern Cross star (Kantu Chaska)

Accommodation: Hotel in Písaq

Day 6 – June 20: Pumamarca

After breakfast, we will head to the archeological site of Pumamarca, at the confluence of the rivers Yuracmayu and Patacancha. Pumamarca can be interpreted as the head of the Puma, following the form outlined by the court in the south. The existing remains consist of about 24 rooms with a perimeter wall that surrounds them. On the east side of the buildings, the wall runs regularly along the edges of the cliff, but to the west sides does only in the extreme south, where it refers to the venues.

The only formal entries confirmed are the main at the northern and the likely entry into the south corner, which contains the lowest group of compounds and former site.

Among the platforms that surround the fort can be found structures that were warehouses or colcas, these are rectangular and circular, whose characteristics are small opening in the bottom, which served for the entry of the air.

Ceremony: with crystal – Southern Cross star (Hampi Qamareq Chaska)

Accommodation: Hotel in Ollantaytambo (2.800 m.a.s.l.)

Day 7 – June 21: Winter Solstice

This is a very special day because of the winter solstice in our tradition. Since ancient times, this has been a day of new beginnings, therefore we will participate in ancient ceremony in connection with the sun to integrate our new beginning and our new understanding of life.

Early in the morning we will start a hike of 6 km to the quarry of Cachiccata, located in the left bank of Vilcanota river, we will hike an hour and a half approx. In the place you can appreciate the magnificent work of the Inca stonemasons.

From the place for the ceremony we will have the view of the "Pakaritampu truncated Pyramid" which according to the new research gives visual on the winter solstice 21 June, which has been associated with the mythical foundation of the Inca Empire.

Accommodation: Hotel in Ollantaytambo

Day 8 – June 22: Ollantaytambo – Machupicchu

Today, our van will take you to Ollantaytambo. Ollantaytambo was the royal estate of Emperor Pachakuti who conquered the region, built the town and a ceremonial center. It also contains rock walls of tightly fitted blocks weighing up to 150 tons each. These were moved down a mountain and over a river canyon, 1000 ft high! It is one of the world's greatest wonders and mysteries.

Here you will visit the main temples dedicated to a number of important Incan deities. Our guide will also explain the archaeological importance of these Incan sites. Later in the day, we'll climb to the Temple of the Wind where the Q'ero paqos will offer a ceremony.

After the ceremony, we will go down to the town of Ollanta to take the train to Aguas Calientes (Machu Picchu)

Accommodation: Hotel in Aguas Calientes (2.100 m.a.s.l.)

Day 9 – June 23: MachuPicchu

Today, you will visit the world renowned archaeological site and sacred sanctuary, Machu Picchu. During the tour, you will visit some of the most exquisite examples of the Incan architecture to be found anywhere in Peru. Streets, squares, fountains, and ceremonial temples are surrounded by lush vegetation. The citadel is located at a height of 2490 meters (8169 ft). From here, you can view the sacred mountains (apus) like Wayna Picchu, Putukusi, and Inti Punku, as well. Machu Picchu also is known for its astronomical alignments and observatory. The Intihuatana Stone (Hitching Post of the Sun) has been shown to be a precise indicator of the date of the two equinoxes, the December Summer solstice and other significant celestial periods. To touch one's forehead to it is said to bring many blessings and insights.

There is also an option to climb to the top of Wayna Picchu, while you are here, only 400 people can climb daily so if you intend to climb ask in advanced to book a space and it has a extra cost . It is a steep hike, but well worth the effort if your physical condition can manage it. Wayna Picchu is a sacred feminine mountain that is a counterpart to the masculine, Machu Picchu. Wayna Picchu is also connected to the child aspect and youth, while Machu Picchu is connected to the ancestors and crystals.

Later in the afternoon, we will take the bus to Aguas Calientes for lunch and then take the train to Ollantaytambo where our bus will be waiting to pick up us before going on to Cusco.

Accommodation: Hotel in Cusco (3.350 m.a.s.l)

Day 10 – June 24: Day Off – Cusco

Today, has been left free to explore the city of Cusco to look on the performance of the Inti Raymi "Festival of the Sun" which coincides with the winter solstice and the harvest time. The ceremony takes place in Sacsayhuaman lightning temple. The lucky actor who is selected to portray Sapa Inca, the emperor, is borne to the hilltop edifice in a Golden chariot. Fortunately for his pallbearers, its replica of the original.

Starting from the remains of Qoricancha, the sun temple, the procession winds through streets filled with music, dancing, prayers, scattered flowers, and ladies with brooms sweeping away bad spirits. Joining the head honcho are his female counterpart Mama Occlo, various priests and participants dresses as snakes, pumas and condors.

Upon their arrival at the hilltop square, speeches are delivered in Quechua, the Incan language, as the crowd awaits the faux sacrifice. After the high priest has been through the motions with the llamas, he holds a heart up to workship Pachamama and reads the future in the bloodstains. As Inti's orb slides beneath the horizon, bonfires spark up and the procession winds back to Cusco.

If you would like a seat to see this performance ask in advanced, so we can see if we can get an entrance ticket (extra € 95- 140).

Accommodation: Hotel in Cusco (3.400 m)

Day 11 – June 25: Cusco to Ausangate

On this day, you will depart from Cusco by private van to Pacchanta Village (4.100 m) which is located at the south east of Cusco, this will take 5 hours driving approximately, on the way you will see the holy mountains.

We will travel over steep mountain slopes with green agricultural fields and terraces. Throughout this terrain, you will see many little villages with shepherds guiding their herds of lamas and alpacas. Time for hiking 3 hours approx. 4.200-m-----4.600m (optional we can rent a horse to ride)

Ceremony: with crystal – Venus star

Accommodation: Camping at (4.600 m.a.s.l)

Day 12 – June 26: Apu Ausangate

Apu Ausangate (the sacred mountain of Ausangate) is considered to be the most significant mountain for the Q'ero people. Another name for Apu Ausangate is the "Lord of Manifestation" and it is also related to grounding and the sacred directions. Ausangate and the holy lagoons in the surrounding area are well known as powerful sources of energies for the Paqos, so here the Paqos will offer a Despacho ceremony to honor the holy mountains.

Hiking time for the place of the ceremony will be 1,5h approx. elevation 4.800m.

Elevation at base camp: 4600 m (15,091 ft)

Ceremony: with crystal – Sirius star

Accommodation: Camping at (4.600 m.a.s.l)

Day 13 – June 27: Apu Ausangate and Cusco

After the breakfast, we will descend to the village of Pacchanta (at the base of Ausangate).

If there is enough time after our journey, we will be able to bathe in the healing hot springs in Pacchanta. So don't forget your bathing suit! Your private transportation will then pick you up and take you to T'inki and then return to Cusco.

Ceremony: with crystal - Mercury star

Accommodation: Hotel in Cusco

Day 14 – June 28: Closing Ceremony - Sacsayhuaman

Today, it will be the integration and closing ceremony together with the Paqos. This ceremony will take place at the archaeological park of Sacsayhuaman. That holds a very important temple connected to lightning, which is considered sacred to the Incan people. Throughout the entirety of Sacsayhuaman we will explore many beautiful temples.

Accommodation: Hotel Cusco (3.400 m)

Day 15 – June 29: Departure from Cusco

Individual transfer to the airport in Cusco and homeward bound.

Included:

- Hotel (double rooms), including breakfast
- Camping equipment: sleeping bag -4, mattress and tent.
- All entrance fees for the sacred sites we visit
- Private transportation and train tickets to Machu Picchu.
- Oxygen tank (only for the Ausangate trek)
- Horses and men to carry the camping equipment (Ausangate)
- Meals for the Ausangate trip (2L, 2D, 2B)
- Two Paqos during the journey, tour guide and trip leader
- Ceremonies with the Paqos
- Translation Quechua - English

Not included:

- Flights to and from your home country to Lima
- Domestic flights within Peru
- Additional meals (lunch and dinner), as specified above
- Individual healings/initiations with the Paqos (upon request)
- Ticket for hiking Wayna Picchu (optional)
- Entrance Ticket for the main performance of "Inti Raymi" Festival in Sacsayhuaman (optional)
- Horse to ride at Ausangate for 3 days (optional)
- Supplement in a single room (Euro 490)
- Travel insurance (including health insurance)
- Flashlights
- Tips

Tour Leaders:

- Luis Alejo (Peru)
- Paqos from Peru
- Mentor: Alexandra Fischer (Germany)

Reservation before March 12th 2017

There will be limited of participants for the trip.

Note: Although carefully anchored in an energetic "template" as well as in detailed practical advance planning, this itinerary remains "subject to reality." It is the nature of pilgrimage and apprenticeship that some things may change at the last minute. In our experience, the few changes that occurred on our previous journeys often opened the door to unforeseen (and usually wonderful) opportunities.

Thank you in advance for your flexibility and willingness to adapt, to take advantage of the ever-changing possibilities inherent in a fluid shamanic universe!



With love. Tukuy Sonqoymanta (from all my heart)

Serena Anchanchu Centre

For the costs of the journey, more informations and bookings please contact:

Alexandra Fischer, Germany

alexandra.fischer@freenet.de

Cellphone: +49 177 3928031

Luis Alejo, Peru

Back2Nature

Alto Los Incas Calle Arequipa J-3

Cusco, Peru

luis@back2nature.com.pe

Peru Phone: +51 84 244454, **Cellphone:** +51 84 984001975